



CAPISTRANO UNIFIED SCHOOL DISTRICT
San Juan Capistrano, CA 92675

2024-2025 INDEPENDENT PHYSICAL EDUCATION (IPE) APPLICATION

Dear Parent/Guardian,

Please send these documents to your school's IPE administrator:

1. Application Information (fillable below)
2. Signed Online IPE Guidelines (read and gather Parent, Student, and Coach signatures)
3. Weekly Practice Schedule (fillable below)
4. Competition Schedule (fillable below)
5. Printed & Highlighted - Verification of Ranking or Level of Competition/Performance ([find your qualifying sport and attach highlighted rationale for qualification](#))

1. **Application Information:**

Today's Date:

Student Name:

Student ID:

Have you previously been approved for an IPE in CUSD?

If yes, please indicate when:

Grade Level in **2024-2025** School Year:

Activity/Sport:

Student Ranking:

Student Personal Email (NOT one ending in @capousd.org):

Parent Email:

Parent Phone Number:

The decision to approve or deny will be determined only after receiving all necessary documents. If approved, you will be contacted by the IPE teacher of record. You will receive a notification from the school site if your application is denied. Thank you!

2. Online IPE Guidelines

I. POLICY ACCEPTANCE INFORMATION

Online Independent Physical Education (IPE) is an option for students in grades 6-10 who compete in an *individual* sport to an exceptional degree of competition. The student must be a nationally ranked athlete, or equivalent, performing or competing at a nationally recognized level ([see Sports Qualifications](#)). Students must have and maintain at least a 2.0 GPA to be eligible for IPE.

Team Sports are not eligible for IPE.

A student cannot be placed into (IPE) unless he/she applies, submits a completed application, and is approved prior to the start of the semester. **(IPE) applications are to be submitted prior to the start of the semester.**

ALL of the following must be included for consideration in the Online IPE Program. (Incomplete applications will not be considered for approval):

- **Email Verification received upon submitting the application online which includes:**

- 1. Signed “GUIDELINES FOR ONLINE INDEPENDENT PHYSICAL EDUCATION” (IPE) (Signed by Parent, Student & Coach - below.)**

- 2. Weekly Practice Schedule – See Below**

- 3. Competition Schedule – See Below**

- 4. Printed & Highlighted Verification of Ranking or Level of**

Competition/Performance – *Provided by Family*

- From a sanctioned independent ranking organization for the specific sport/activity. See IIA. - Print and include this documentation within your IPE Application Packet.

II. GUIDELINES FOR ONLINE INDEPENDENT PHYSICAL EDUCATION (IPE)

A. Verification of Ranking, if unsure, see [Sports Qualifications](#) – Provide a current and verifiable rank of national or equivalent level, or must provide evidence of individual competition/performance at an exceptional level, generally equivalent to a national level. **Highlight what is qualifying your student for IPE. (Scores/Times).**

B. Requests for Online IPE must be approved by the school site Administration or district administrator.

C. Students requesting placement in IPE may first be enrolled in a physical education class. The student is to continue to attend and participate in that class until the Online IPE application has been approved and the student's schedule reflects enrollment in the course.

D. The IPE sport must be a regularly scheduled instructional activity meeting each week during the semester under the ongoing supervision of a qualified instructor. Students must complete each semester.

Online IPE Guidelines (continued)

- E. A grade for (IPE) will be calculated based on scores from the Online P.E. Course (assignments, quizzes, tests, and exams). Also, by sports activity hours, called “Activity Logs,” where verification is submitted monthly to the Online Instructor, this (can include practices and competitions). **Failure to turn in monthly work samples will result in a grade penalty and possible removal from the Online IPE program.**

- F. **Students must maintain a satisfactory academic status with a minimum 2.0 G.P.A., regular attendance, and satisfactory campus and classroom behavior to remain in Online IPE.**

- G. If an athlete cannot actively participate in IPE for more than ten consecutive days because of injury or some other reason, he/she must notify the site Admin.

- H. **Students must be off-campus and under parent or guardian supervision during their Online IPE period.**

- I. All 7th and 9th grade IPE students will be expected to test for the annual Physical Fitness Testing (PFT) in the Spring of 2025. Sites, locations, and times will be determined in the Spring of 2025 and shared with families, offering opportunities to assess for the state-mandated testing.

Your signature below indicates that you have read and agree to provide all qualifying documentation to the site Administrator in charge of IPE and abide by ALL CUSD Guidelines for Online Independent Physical Education stated in this document.

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| Parent Signature | Student Signature | Coach Signature |

3. Weekly Practice Schedule

Student Name:

| Practice Day | Practice Details |
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| Additional Clarification |
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4. Competition Schedule

| Competition Date | Competition Name | Competition Location |
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| Additional Clarification |
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5. Verification of Ranking or Level of Competition/Performance for your qualifying sport

- Look at the [list and details of qualifying sports](#)
 - *Please remember that team sports DO NOT qualify for IPEs.*
- Students need to provide a printed & highlighted verification of ranking or level of competition/performance from a sanctioned independent ranking organization for the specific sport/activity.
- Students must provide a current and verifiable rank of national or equivalent level or evidence of individual competition/performance at an exceptional level, generally equivalent to a national level.
 - Highlight what is qualifying your student for IPE. (Scores/Times)
- Please print all the above documentation and include/attach it with the IPE Application Packet.