



The Pod Cast

DECEMBER 2, 2019

Phone: (949) 496-6666

24 Hour Attendance: (949) 493-7685

Office Hours: Monday - Friday, 7 am - 4 pm

Principal - Dr. Brad Baker

Assistant Principal - Mrs. Brittany Casey (A-L)

Assistant Principal - Ms. Erika Berg (M-Z)

Assistant Principal - Mrs. Luci Coppola (Guidance)

Activities Director - Mr. Ken Nedler

Athletic Director - Mr. Tom Faris

DHHS Website: <https://dhhs.schoolloop.com/>

PTSA: <https://jointotem.com/ca/dana-point/dana-hills-high-school-ptsa>

DHHS Foundation: <https://www.dhhsfoundation.org/>



DanaHillsPrincipal



@DanaHillsPrincipal



@DanaHSPincipal

Bell Schedule

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 2-6	Late Start Periods 1-6	0-1-T ¹ -3-5	0-2-T ² -4-6	0-1-T ³ -3-5	0-2-4-6 Dual Pep Rally
Dec 9-13	Late Start Periods 1-6	0-1-T ⁵ -3-5	0-2-T ⁴ -4-6	0-1-T ^{0/HR} -3-5 Zero Period Finals	0-2-T ⁶ -4-6 Zero Period Finals

Important Dates

December 6th: Pep Rally

Finals Start December 12th

December 20th - January 5th: Winter Recess

School Supplies

Students in need of school supplies are urged to see Cesar Reategui in the Guidance Office to receive a complimentary backpack full of supplies. You can also send him an email with the student's name at careategui@capousd.org

DANA HILLS ATHLETICS

<https://www.danahillsathletics.com/>

Stay up to date on the latest in Dana Hills Athletics by following the POD on Twitter and Instagram.

@dolphinathletics



@dhhs_athletics

GUIDANCE

[Click Here](#) for the Guidance Website

Leveling Classes for Next Semester

To view your Spring Semester's schedule, Student Portals will be open between December 2nd and December 20th.

If you feel you need to level a class for next semester, the leveling form can be obtained from your Academic Advisor and must be returned by Monday, December 16th.

SADDLEBACK COUNSELOR ON CAMPUS!

We are excited to announce that Saddleback College has a counselor available on the DHHS campus to meet with any student in grades 9-12 regarding questions pertaining to community college. Topics include (but are not limited to) concurrent enrollment, Freshman Advantage/admissions process, Counseling 100 (College Success class for seniors), and information on different educational goals (certificate, associate degree, transfer). Appointments are 30 minutes on

Tuesdays/Thursdays, and parents/guardian may join their student.

Please sign up at [Saddleback College Appointments](#) to schedule your meeting.

Letters of Recommendation

Seniors, do you need a Letter of Recommendation from your Academic Advisor? Submit both the [STUDENT](#) and [PARENT](#) online forms at least THREE weeks before your first deadline.

[Navigating Senior Year](#)

[Scholarships and Financial Aid](#)

Follow us on
instagram:



@dhhs_guidance

GUIDANCE

Is your student struggling in classes?

1. **Have your student talk to their teacher.** Your student can go onto their School Loop account and email their teacher directly. If they click on the email icon next to their teacher's name in School Loop, they can start a conversation to share their concerns; you can be CC'd on this email to be kept in the loop. The teacher will be the best resource in understanding what needs to be done to earn a passing grade in this class.
2. Your student can attend our afterschool tutorial. It is held Monday through Thursday from 2:55 – 3:55 pm in room 702. We have teachers and peer tutors in there every day to help students with their homework.
3. Your student can also attend tutorial in this class Tuesday through Friday as long as they get permission from their regularly scheduled tutorial teacher to leave. Most teachers will allow students to attend different classes during tutorial as long as they ask first.
4. We highly recommend that every student use a planner to write down their homework every day. The more diligent they are about writing in their planner, the more likely they are to stay on top of their work.
5. Check School Loop regularly to ensure your student is turning in their work and staying on top of what needs to be done. **If you do not have a School Loop account, please create one as it is essential to your student's success:** https://dhhs.schoolloop.com/portal/register?d=x&return_url=1574374879868.

Activities

[Click Here](#) for the Activities Website

Hey Dana! Hope everyone had a great break! I definitely enjoyed some time off and relaxation, I hope you all did too. Only a few more weeks until the end of the semester. It's crazy how fast time flies! Let's focus on our work and keeping those grades up. After that, we can have another fun break! You gotta love the holiday season!!! Anyway, I can't wait to see you all tomorrow :) Keep sharing the love as always Dolphins!

-Danny Cullen
ASU President

Upcoming Events of Note:

Naval Academy Information Night:

The US Naval Academy will be hosting an information night next Monday, November 25th at 7:00 pm at Our Lady of Fatima Catholic Church. More information can be found in the weekly POD Cast.

California State Band Championship Division and State Finals:

Congratulations to our Dana Hills marching band for placing first in Division 2A in the CSBC finals, and for finishing 4th place in the state among all bands of all sizes.

California State Cross Country Championships:

Speaking of successful teams, congratulations to our boys' cross country team for finishing 2nd at the state meet. Next stop for them is nationals. Carrick Denker led Dana finishers with a 3rd place finish. In addition, freshman Allura Markow finished 8th at the state meet as an individual qualifier.

Boys' Basketball

The Dolphins took 1st place last week at the Four Cities Classic.

Good luck to all of our athletic teams this winter.

Request for Advertising for ASU:

If you, a sports team, a club/organization, or anyone needs something advertised in the weekly message or morning announcements please go to the dana hills website, scroll down to resources on the home page, and press request for advertising by ASU. Please note that you have until every Friday at 9am to get something in before the following week's morning announcement. Thank you!

STUDENT SERVICES

Reminders to Students:

- No students are allowed in the parking lots at any point throughout the day, unless you are leaving campus.
- All students are required to carry their school ID with them at all times.
- No student will be allowed off campus without their ID and appropriate stickers. Schedules are no longer acceptable to use to leave campus.
- If you have detention please be sure to serve it before the due date to avoid being assigned a Saturday School and/or additional consequences.
- Detentions can be served every day from 2:55 pm - 3:55 pm in room 704.





TASTE OF DANA & GRAD NITE 2020 UPDATES

**GRAD
NITE**

Date: Friday, June 5th Location: Surprise!

Ticket Price: \$125
(goes up to \$150 on Jan. 1!)

Purchase online at tasteofdana.com
for more info: dhhs.schoolloop.com/gradnite

DON'T MISS OUT-COULD SELL OUT SOON!

**For more information
about Taste of Dana & Grad Nite
2020, please visit:**

dhhs.schoolloop.com/gradnite

**To purchase Taste of Dana or Grad
Nite 2020 tickets, please visit:**

tasteofdana.com



taste_of_dana



Taste of Dana

Scholarships for Grad Nite are available.



Save the Date! Thursday, April 16, 2020

**Here's a SNEAK PEEK at some of the wonderful
restaurants that will be at Taste of Dana 2020!**

The Coffee Importers
Handel's Ice Cream
Lupes Mexican Eatery
Sweets Party Treats
Waterman's Harbor

Good Choice Sushi
Hendrix
Starfish/Laguna Beach
Thrive Juice Lab
More to come!

Hungry? Please consider supporting our contributing restaurants!

NEXT MEETING

MONDAY, DECEMBER 9, 2019 @7PM in DHHS Staff Lounge

Please join us and bring a friend!

FRIDAY NIGHT LIGHTS LACROSSE

DO YOU WANT TO LEARN TO PLAY LACROSSE?
DO YOU PLAY LACROSSE AND WANT TO PRACTICE WITH
HIGH SCHOOL COACHES AND PLAYERS?

THEN COME TO
FRIDAY NIGHT LIGHTS!
BOYS and GIRLS Grades 2 - 8

DANA HILLS HIGH SCHOOL STADIUM

FRIDAY, DECEMBER 13TH 6:00-7:30

****EQUIPMENT PROVIDED**
NEW AND EXPERIENCED PLAYERS WELCOME
BOYS and GIRLS!

REGISTER AT:

www.danahillsboyslax.com



For more information contact: danahillslax@gmail.com





PARENT PROJECT

Dana Point
January 22, 2020

Dear Mom and Dad,

My world is different than what yours was at my age. You think you understand, but you don't. For example, the peer pressures are kind of the same as when you were young, but imagine your mistakes being videoed and saved online forever... only to ridicule you later.

You tell me I'm important, but the average dad talks with their kids on average for 7 minutes per day. I need more than that!

Cell phones, social media, and the internet are competing with our family's virtues, and their destroying my innocence and self-esteem. I'm confused and need your help.

I need you to take this class called the PARENT PROJECT because it will help you better understand my challenges and our battles; as well as, it will empower you to guide me through these pivotal years and make our relationship stronger. Please, Mom and Dad, do it for us...

Love,

Your Child



PARENT PROJECT

Begins: Wednesday, 01/22/20

6:30pm to 9:30pm

Facilitated by:

Mike Woodroof & Mike Darnold

More Information & Sign-Up:

www.parentproject.com

Click on: "Parenting Classes" and "Dana Point"

PARENT EDUCATION NIGHT ON THE DANGERS OF NICOTINE VAPING

CUSD has partnered with the
National Council on Alcoholism and Drug
Dependency of Orange County
(NCADD-OC) to offer a **FREE** nicotine vaping
presentation designed for middle and
high school parents.

Please join us

- ⇒ To learn how to recognize vape and E-Cig devices
- ⇒ The learn the dangers of nicotine vaping
- ⇒ Catch up on the current vape trends
- ⇒ Get helpful tools and tips for parents

This presentation will be offered monthly at the



CUSD District Office

Training Room 3

33122 Valle Road

San Juan Capistrano, CA 92675

From 7 to 8 pm



Please note this presentation is designed for parents only. Childcare will not be available.

Presentation
Dates:

Thursday,
October 10, 2019

Thursday,
November 21,
2019

Thursday,
December 12,
2019

Thursday,
January 23, 2020

Thursday,
February 13,
2020

Thursday,
March 19, 2020

Thursday,
April 16, 2020

Thursday,
May 21, 2020

Use the link below to RSVP

<https://forms.gle/CvTbEEFd3SHyjH1A8>

A background image showing four students (three girls and one boy) sitting at a table in a library, studying and writing in notebooks. Bookshelves filled with books are visible in the background.

DANA HILLS HIGH SCHOOL

AFTERSCHOOL TUTORIAL AND HOMEWORK CENTER

FREE tutoring is offered Monday through Thursday to ALL students

WHEN	WHERE	WHY
Monday	Room 702	Get Organized
Tuesday	Monday Mrs. Barahona	Makeup Zeroes
Wednesday	Tuesday Mr. Hoier	Complete homework before it becomes a zero
Thursday	Wednesday Mrs. Barber	Use our chromebooks
2:55 pm - 3:55 pm	Thursday Mr. Daly	Study Review
		Improve work ethic Make your parents and guardians proud!

MRS. BARAHONA - MATH

MR. HOIER - MATH

MRS. BARBER - MATH AND APEX

MR. DALY - ENGLISH

STUDENT TUTORS DO THE REST

The Homework Center now has snacks!

How to START & FINISH your FAFSA (Free Application for Federal Student Aid) 2020-2021

1. Get your FSA ID: <https://fsaid.ed.gov/>

- It is a username and password used to log in to complete your FAFSA.
- Also used to sign legally binding documents electronically and access student loan information.
- Students need an FSA ID before they begin to complete the FAFSA.
- Parents need a separate FSA ID. Your parents can log in with your FSA ID to help you complete it.
- Takes 1-3 business days to process. **START NOW!**

OR

- New! Download the “MyStudentAid” APP to create your FSA ID! Easier and more convenient. The entire application is now accessible via the app if preferred.

2. Go to the FAFSA Website : <https://fafsa.ed.gov/>

By completing the FAFSA, students can also be considered for State and Institutional Aid (Grants, Scholarships, etc...

SUBMISSION DEADLINES

Federal & State Aid Programs

March 2, 2020

Information to Have On-Hand

- Social Security numbers
- Your driver's license number, if you have one
- Your Permanent Resident Card number, if you are not a U.S. citizen
- Federal tax information or tax returns, including IRS W-2 information from 2018 IRS 1040, 1040A, 1040EZ
- Foreign tax returns
- Records of untaxed income, such as child support received, interest income, and veterans non-education benefits
- Information on cash, savings and checking account balances, investments, including stocks and bonds and real estate but not including the home in which you live; business and farm assets

RESOURCES

- US Department of Education
 - o Studentaid.ed.gov
 - o Checklist (see pamphlet)
 - o www.youtube.com/FederalStudentAid
- TOOLS
 1. Help
 2. Chat (Help>Contact Us>Federal Student Aid Information Center>Chat With Us).
 3. Save Key: Allows you to save the FAFSA and return later, or share your FAFSA with someone.
 4. Data Retrieval Tool (DRT):
<http://www.irsdataretrievaltool.com>
- To Make Corrections:

Make changes at fafsa.gov:

 - o Click on the "Login" button and provide the information requested.
 - o On the My FAFSA page, click “Make FAFSA Corrections”.
 - o Enter your FSA ID.
 - o Change your information.
 - o Submit your new information.

The California Dream Act

APPLY NOW!

GOOD NEWS!

Financial aid is available to **Dream Act students*** attending a California community college.

California Dream Act students at community colleges are eligible to apply **now** for:

- ✦ Board of Governors Fee Waivers
- ✦ Assistance from EOPS, CARE and CalWORKs
- ✦ State financial aid like Cal Grants and Chafee Grants
- ✦ Privately-funded scholarships

Check with your local college financial aid, scholarship, EOPS, CARE and CalWORKs offices for assistance.

* You are a **Dream Act** student (AB 540 eligible) if you meet all of the following criteria:

- ✦ Attended a California high school for at least three years; OR attained the equivalent of at least three years of credits from a California high school and attended at least three full years at California K-12 schools;

AND

- ✦ Graduated from a California high school, got a GED or passed the California High School Proficiency Exam;
- ✦ Are registered or enrolled at a California community college;

AND

- ✦ If required, complete an affidavit saying you have filed (or will file when you are eligible to do so) for legal immigration status.

Please see the college Admissions Office to determine if you are AB 540 eligible.

MAKE YOUR COLLEGE DREAMS COME TRUE!

Get started now... For more information, visit your local community college. To find the college closest to you, learn more about financial aid, and to apply, visit:

 **www.icanaffordcollege.com**



The Board of Trustees desires to provide a safe school environment that allows all students equal access and opportunities in the district's academic and other educational support programs, services, and activities. The Board prohibits, at any District school or school activity, unlawful discrimination, including discriminatory harassment, intimidation, and bullying of any student based on the student's actual or perceived race, color, ancestry, national origin, nationality, ethnicity, ethnic group identification, age, religion, marital or parental status, pregnancy, physical or mental disability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or group with one or more of these actual or perceived characteristics.